

UNIVERSITY OF OREGON • PE AND RECREATION • Outdoor Pursuits Program

**PEO 351 - Backpacking Schedule – Spring Term**

INSTRUCTOR: Michael Strong

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OFFICE HOURS: Tuesday: 3:00 - 3:50 & Wednesday: 3:00-3:50

DATE	TOPIC	NOTES
WEEK 1	Introduction to Course Course demands/expectations Backpacking Hazards Leader Meeting #1 <i>Readings:</i> Description/schedule available on website	Refer to the website for readings and other resources <i>Readings:</i> Description/schedule available on website
WEEK 2	Gear and Clothing #1 – Outing Requirements Leave No Trace Ethics Review Fitness Test	Outing equipment requirements distributed in class Bring running gear to class
WEEK 3	Backpacking Gear Pack Packing Stoves / Food Requirements Map and Compass worksheet	Worksheet distributed
WEEK 4	Outing Preparation Leader Meeting #2	Map and compass worksheet due <b>- late submissions not accepted -</b>
BACKPACKING OUTING - _____ – OREGON DUNES NATIONAL RECREATION AREA <b>MEET AT THE SRC BONUS ROOM AT 7:30 A.M.</b>		
WEEK 5	Outing Debrief and Evaluations	

NOTES: **ALL** class sessions are required for a passing grade. If you miss a pre-outing class session, you will be required to drop the course. If you miss the post-outing session, you will not receive a passing grade in the course.

This OPP conducts this outing according to the requirements of a Special Use Permit administered by the United States Forest Service.