

## QUIZ POOL #6

### SAFETY AND SURVIVAL

1. You are going on a solo backcountry hike for a full day. Describe the information you would convey to your roommate or friend (before leaving) about your hike and the protocols to follow if you are not back by nightfall.
2. What county agency organizes, and is responsible for search and rescue operations in Oregon (and most other states)?
3. Three blasts of a whistle means \_\_\_\_\_.
4. What is the first step you should take when you become lost?
5. Searchers usually begin their search for a lost person from what location?

### POISON OAK / TICKS

1. What species of tick in our area carries Lyme disease?
2. Lyme disease can be transferred from a tick in as little as two hours after the tick has attached to you. T or F?
3. It's best to remove a tick by either burning it or putting oil on it. T or F?
4. In our area, ticks are most active in the late summer when it's hot and dry. T or F?
5. If you suspect that you have poison oak oil on your skin, it's best to wash with warm water and soap. T or F?
6. The oil that causes poison oak rash is contained ONLY in the leaves of the plant. T or F?
7. Poison oak is relatively easy to recognize because the leaves come in groups of five. T or F?
8. A hot shower can relieve the itching common to poison oak rash. T or F?