

Leadership Dynamics

• Canvas Reflection #1 •

~Reflection~

Think about an outdoor leader with whom you shared an outdoor experience. This person should be someone who from your perspective, performed very *well* as a leader. Reflect on how the leader helped create a successful experience. Think in terms of what hard, soft and meta skills contributed to her/his effectiveness. Some prompts to consider:

- What did s/he do or say?
- How did s/he act and interact with others?
- What personal qualities were exhibited?
- What knowledge, skills and abilities did the leader demonstrate?
- Why do you think s/he did a good job?

➤ Create a list identifying:

- The Soft and Meta Skills your role model possessed. (Details? Examples?)
- Any additional qualities, knowledge, skills, abilities, talents, wisdom, etc. that you believe a strong and competent outdoor leader *should possess* that you did not identify.

~Reflection~

Consider yourself as a leader. Think about leadership experiences that you've had and examples of soft and meta skills you've demonstrated. Ponder the above prompts. Think about the soft and meta skills that you feel most comfortable with. (You may write these down if you like, but it is not required to receive full points).

➤ Create a second list identifying and elaborating on:

- The Soft and Meta Skills you feel the least comfort with.
- Ideas for how to build competence in these areas.